

2026 XIZANG LINZHI NAMCHA BARWA PLATEAU SPORTS GAMES GUANGDONG HISTORICAL ROAD ORIENTEERING CHAMPIONSHIP (LINZHI,XIZANG)

PWT INTERNATIONAL INVITATIONAL COMPETITION

LINZHI,XIZANG,CHINA

OCTOBER 2-4,2026

BULLETIN 1

INTRODUCTION

2026 XIZANG LINZHI NAMCHA BARWA PLATEAU SPORTS GAMES
GUANGDONG HISTORICAL ROAD ORIENTEERING CHAMPIONSHIP (XIANG,
LINZHI)& PWT INTERNATIONAL INVITATIONAL COMPETITION

Exclusively hosted in the mystical highlands of Linzhi, at an altitude of
2,900–3,100 meters.

This event offers a unique high-altitude experience amidst snow-covered
forests, valley wetlands, and the pristine plateau landscape. It carries the
thousand-year heritage of the Ancient Tea-Horse Road, a living testa-
ment to cultural convergence, and builds a dialogue across mountains
and seas with the Guangdong Historical Road. Together, they create a
one-of-a-kind cultural IP in China: the Guangdong-Xizang Twin Historical
Road.

As one of the few international-standard, high-altitude orienteering
events in China, the course harnesses the region's rugged mountain ter-
rain and low-oxygen plateau environment, strictly adhering to the PWT
international competition system. This delivers an extreme challenge in a
truly exclusive competitive arena.

Blending elite professional racing with leisure participation for all, the
event deeply integrates Linzhi's unique ecology, ancient trails, and
Gongbo folk culture, pioneering an innovative "sports + cultural tourism
& ecology" model. With a global communication vision, it empowers
Linzhi to become a world-class plateau sports landmark, while bringing
the legacy of the Guangdong Historical Road to the international stage.





1 PROGRAMME

Reg.	Date	T.	Evt.	Venue
XiZang, China	2/10/2026 Friday	p.m.	Registration	Nyingchi Railway Station-Gongbu Park Xiangjian Square
			Equipment testing	Fujian Park
	3/10/2026 Saturday	a.m.	Opening Ceremony	Gongbu Park
			Sprint	
			Awarding Ceremony	
		P.m.	Tour and Sightseeing (Basum Lake)	
	4/10/2026 Sunday	a.m.	Sprint	Nixi
			Awarding Ceremony	Gongbu Park Xiangjian Square
		P.m.	Tour and Sightseeing Domestic athletes: The Yarlung Tsangpo Grand Canyon International athletes: YaNi National Wetland Park--The World Cypress King Park--South-Eastern Xizang Cultural Heritage Museum	
	5/10/2026 Monday	a.m.	Departure	(Linzhi Railway Station-Lhasa Railway Station, Lasa Railway Station-Lhasa Konggar International Airport)

2 LOCATION & VISIT

1. ARRIVAL

Foreign participants are suggested arriving at Linzhi Milin Airport. The Organizing Committee will arrange shuttle buses to/from the Airport and official hotel for free. Detailed information will be announced in Bulletin 2

2. EVENT CENTRE

Free shuttle buses will be arranged to/from the official hotel and the event center at fixed times.

3. VISA

In accordance with current state regulations, Foreign participants must apply for a visa to enter Xizang, China. Please confirm the necessity for the visa application: and other permit according to your respective circumstances.
Invitation letter from the Organizer will be issued upon request. Detailed information will be published in Bulletin 2.

CLASSES & AWARDS

3.1 CLASSES

3.1.1 ME/WE

ME/WE (PWT International Orienteering Invitational Tournament welcomes elite athletes registered with the International Orienteering Federation (IOF) from various countries to participate)

<https://eventor.orienteering.org/Register>

Participation qualifications must meet one of the following conditions (for domestic athletes only)

- 1.Athletes who ranked in the top 40 in the M21E、W21E、M18E、W18E or the top 20 in the M21A、W21A、M18A、W18A、GM、GW at the 2023/2024/2025 National Orienteering Championships;
- 2.Athletes representing provinces, autonomous regions and municipalities directly under the Central Government in the preliminary and final rounds of the orienteering events at the 15th National Games of the People's Republic of China;
- 3.Athletes from the 2024/2025 National Orienteering Training Team or the National Youth Orienteering Training Team;
- 4.Athletes who participated in the short-distance, middle-distance or long-distance events (for athletes aged 16 and above) of the championships or cup competitions hosted by the sports authorities of provinces, autonomous regions or municipalities directly under the Central Government in 2023/2024/2025 and achieved a ranking in the top 16;
- 5.Athletes who completed Elite category in international events hosted by the International Orienteering Federation (IOF) and have been approved by the China Orienteering Association.
- 6.Athletes from the People's Liberation Army and Armed Police Force who have been approved by the Chinese Orienteering Association;
- 7.Athletes from Hong Kong, Macao and Taiwan who are clarified by China Orienteering Association.

3.1.2 Guangdong Historical Road Orienteering (GHRO)

ELITE:

ME/WE

OPEN:

M/W8、M/W10、M/W12、M/W14、M/W16、M/W18、M/W20、M/W21、
M/W35、M/W40、M/W45、M/W50

FUN RUN:

CATI/FAMILY

3.2 AWARDS

- 1.The first 6 places in World Ranking Event Men & Women' s classes will be rewarded in each event regardless of nationalities. Trophies, medals and certificates will be rewarded to the first 3 places while medals and certificates will be rewarded to the 4th to 8th places in each event.For the Elite category of each event, prize money will be awarded to the top six finishers in both the Men's Elite (ME) and Women's Elite (WE) divisions regardless of nationalities. Additionally, the top three finishers will receive certificates, medals, and trophies, while finishers ranked 4th to 8th will receive certificates and medals.
- 2.For the South Guangdong Ancient Post Road Orienteering (M21A/W21A) division of each event, prize money and trophies will be awarded to the top three finishers, who will also receive certificates and medals. Finishers ranked 4th to 8th will receive certificates and medals. For the M/W16 and M/W35 age categories, the top three finishers will receive certificates and prize money. All other categories will award certificates to their respective top three finishers.
- 3.For non-elite classes, certificates will be awarded to the top three finishers in each event.
- 4.All athletes across all categories who successfully complete the race within the stipulated time according to the competition rules on the morning of October 3rd will be entitled to collect a Finisher Certificate and a Finisher Medal at the Main Venue .



(5) Bonus Scheme

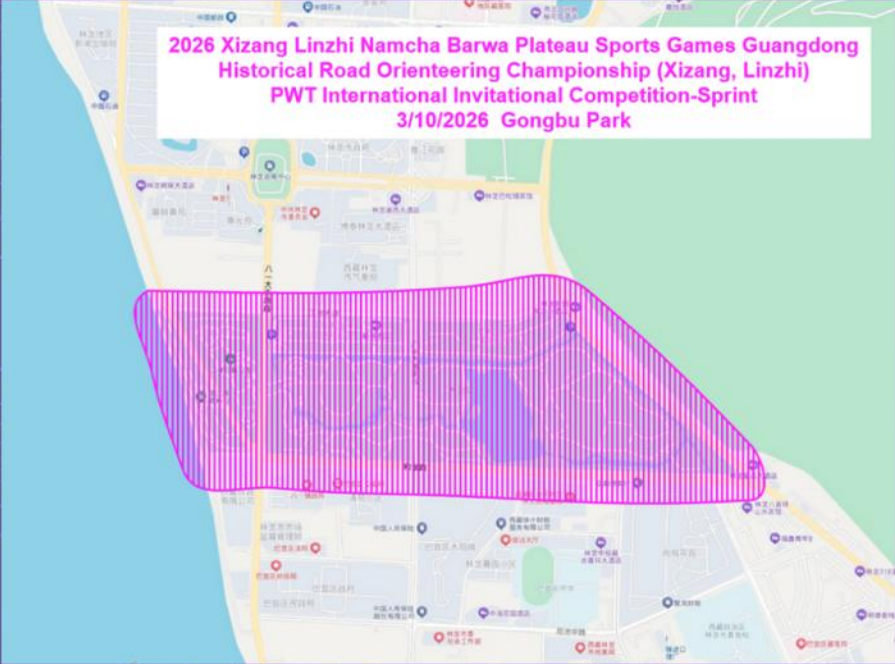
Ranking SessionGroup		1st	2nd	3rd	4th	5th	6th
10月3日 3/10/2026 Sprint	ME	12000	8000	6000	4000	2000	1000
	WE	12000	8000	6000	4000	2000	1000
	M21A	500	300	200	-	-	-
	W21A	500	300	200	-	-	-
	M16	500	300	200	-	-	-
	W16	500	300	200	-	-	-
	M35	500	300	200	-	-	-
	W35	500	300	200	-	-	-
	Parent-Child Group	500	300	200			
10月4日 4/10/2026 Sprint	ME	12000	8000	6000	4000	2000	1000
	WE	12000	8000	6000	4000	2000	1000
	M21A	500	300	200	-	-	-
	W21A	500	300	200	-	-	-
	M16	500	300	200	-	-	-
	W16	500	300	200	-	-	-
	M35	500	300	200	-	-	-
	W35	500	300	200	-	-	-
Note: 1. Prize money is stated before tax and is subject to a 20% tax deduction in accordance with current Chinese tax laws and regulations; 2. In the event of a tie, the subsequent ranking(s) will be adjusted accordingly. The prize money for the tied ranks will be combined and then split equally. This rule does not apply if there are fewer than three participants in the category; 3. The currency for the prize money is Chinese Yuan (RMB. 4. The organizing committee of the event reserves the right of final interpretation.							

COMPETITION RULES

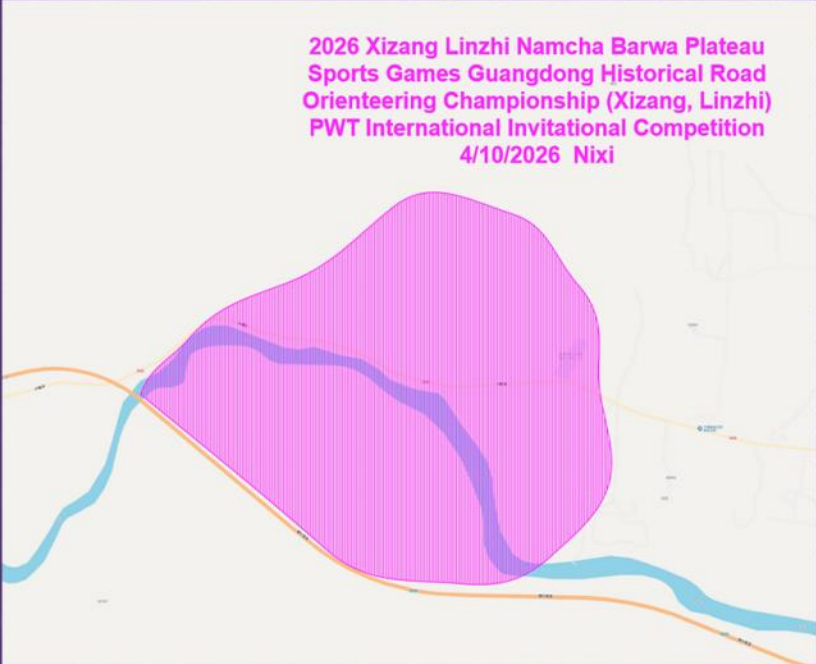
The competitions will be organized in accordance with the IOF Competition Rules and Competition by-law from China Orienteering Association.

EMBARGOED AREA

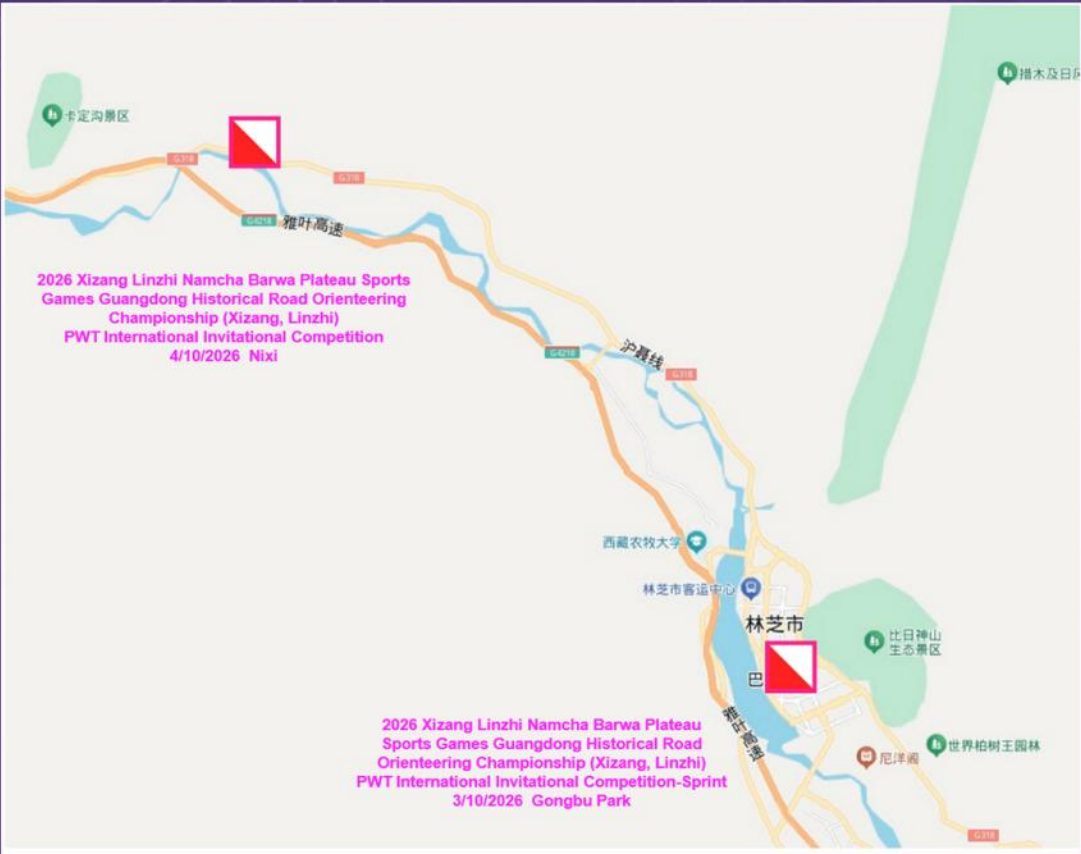
All competition areas listed as following are embargoed with immediate effect.



3/10/2026, Friday, Gongbu Park Avg. altitude: approx. 2,900m



2.4/10/2026, Sunday, Nixi Avg. altitude: approx. 3,000m



Map showing locations of the competition venues of all events.

ENTRY

- 1 There is no entry fee for all participants. A T-shirt will be offered to each participant for free when he/she registers successfully.
- 2 **Entry Deadline:**
3/9/2026
- 3 **Entry Method:**
 - 1.Foreign athletes and athletes from Hong Kong SAR, Macao SAR and Taiwan Region of China shall fill out the entry form and send it to the email address: 1874886140@qq.com (Please refer to the attachment for the registration form. Fill it out and send the email before the deadline.)
 - 2.Mainland runners please pay attention to bulletin 2 published later.

7 ACCOMMODATION & MEALS

During the Competition, accommodation and three meals per day will be offered to all participants by the Organizer. Detailed information will be published in Bulletin 2.

COMPETITION

1. MAP

Maps complied with International Standards for Orienteering Maps (ISSprOM 2019-2/ISOM2017-2) will be used for all events.

Event	Map	Map Scale	Contour Interval	Remarks
Sprint	Gongbu Park	1: 4000	2M	-
Sprint	Nixi			-

ISSprOM2019-2/ISOM2017-2: <https://orienteering.sport/iof/mapping/>

2. TERRAIN

Photos and maps will be published in bulletin2

Sprint-Gongbu Park, Xizang

An urban park with an extensive network of paths, predominantly paved surfaces, numerous water features, gentle topography and open vegetation, making it well-suited for running.

Sprint - Nixi

The forest is dominated by white birch and shrubs. The ground in some wooded areas is covered with leaves, loose soil, and gravel, resulting in an uneven surface with pits and bumps.

3. DRESSING SUGGESTION

There are no mandatory clothing requirements for the event; for short-distance events, we recommend wearing marathon or trail running shoes; spiked shoes are prohibited.

4. ELECTRONIC PUNCHING & TIMING SYSTEM

The SPORTident Electronic Punching and Timing system will be used in the competitions. Runners should fill in their SI-card number at the entry. Foreign runners can use their own SI-card or rent from the organizer with a deposit of RMB500 each which will be refunded upon returning after the races.

5. CLIMATE

From September to October, Nyingchi gradually transitions from the tail end of the rainy season into the dry season. The overall climate is mild and pleasant, though there is a marked difference between day and night temperatures. In September, the average daily temperature ranges from approximately 10 to 20 °C, with scattered afternoon showers; with high humidity. In October, temperatures drop to between 5 and 17 °C, rainfall decreases sharply, and the weather is predominantly sunny or partly cloudy, with excellent visibility. Mount Namcha Barwa is frequently visible, the region has ample oxygen levels, and the risk of altitude sickness is relatively low. Night-time temperatures are lower in high-altitude areas, UV levels are generally strong, and there are mostly light breezes.

For weather forecast please refer to the following link:
<https://www.weather.com.cn/xizang/index.shtml>

REVIEW OF EVENTS

2025 Xizang Linzhi Namcha Barwa Plateau Sports Games
Guangdong Ancient Post Road Orienteering Championship (Xizang, Linzhi):
<https://weixin.qq.com/sph/AdH2EubQR>

ENTRY FORM SAMPLE

This registration form is exclusively for athletes from overseas, Hong Kong, China, Macao, China, and Taiwan, China. only, and Mainland runners should use the "Vitality Circle Go" mini-program to register.

2026 Xizang Linzhi Namcha Barwa Plateau Sports Games
South Guangdong Ancient Post Road Orienteering Championship (Linzhi, Xizang) PWT International Invitational Competition

CLUB/FEDERATION:

TEAM LEADER:

E-MAIL:

COACH:

PHONE:

No.	Given Name	Surname	Gender	passport number/ID No. (本报名表仅限外国运动员及中国香港、澳门、台湾运动员使用，大陆运动员请另行在南粤古驿道网上平台进行报名)	Nationality	Date of Birth (DD/MM/YYYY)	CLASS	IOF ID	Clothing Size	RACE SELECTION
										Please fill in S/N as below
										1.Saturday, October 3, Sprint #1 2.Sunday, October 4, Sprint #2
1 (e.g)			Male	XXXXX		02/02/1992	M21E	XXXX	S	1&2
2 (e.g)			Female	XXXXX		10/04/1979	W21A	/	M	1&2
3										
4										
5										
6										
7										
8										
9										
10										

Declaration:

I confirm that the information provided above is true and valid, and I agree to abide by the rules and arrangements of the event. I am willing to bear all consequences of any false information or violation of the rules and regulations.

Entry Method:

Please fill in the entry form and send it to **1874886140@qq.com** . Deadline: **September 3 2026** No entry will be accepted after the deadline.

Note:

The profile photo is required for the identification of athletes/coaches/ team leader. Please compress the registration form and the photo, marked with the name and send the file to **1874886140@qq.com**

*Please send the registration form to the email address **1874886140@qq.com**. If you have any questions, you can also contact us and seek consultation through this email address.

